

LAUNCESTON BASKETBALL ASSOCIATION



2023 Game Timing Rules & Regulations

Age Group	Quarters	Warm Up	Quarter Breaks	Half Time	Clock Stoppages	Time Outs (per team)	Shot Clock	Overtime
Under 10	4 x 10 minutes	3 minutes	1 minute	2 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less	1 per half	No	Finals only
Under 12	4 x 10 minutes	3 minutes	1 minute	2 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less	2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter	No	Finals only
Under 14	4 x 10 minutes	3 minutes	1 minute	2 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less	2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter	Yes	Finals only
Under 16	4 x 10 minutes	3 minutes	1 minute	2 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less	2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter	Yes	Finals only
Under 18/20	4 x 10 minutes	3 minutes	1 minute	2 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less	2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter	Yes	Finals only
Seniors 2 & 3	4 x 11 minutes	5 minutes	1 minute	3 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed	2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter	Yes	3 minutes
Seniors 1	4 x 10 minutes	5 minutes	1 minute	3 minutes	Fully Timed – FIBA	2 in first half, 3 in second half - maximum 2 in last 2 minutes of 4th quarter	Yes	5 minutes
Baptist	4 x 10 minutes	3 minutes	1 minute	3 minutes	Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less	2 in first half, 3 in second half - maximum 2 in last 2 minutes of 4th quarter	No	Finals only
Social	2 x 20 minutes	3 minutes	N/A	1 minute	N/A	1 per half per team, must be agreed to by both teams	No	Finals only
NHSSA	4 x 10 minutes	3 minutes	1 minute	2 minutes	Timeouts	1 per half per team	1sts Finals Only	Finals only