



LAUNCESTON BASKETBALL ASSOCIATION

2024 Game Timing Rules & Regulations

| Age Group | Quarters | Warm Up | Quarter Breaks | Half Time | Clock Stoppages | Time Outs (per team) | Shot Clock | Overtime |
|--|------------|---------------------|----------------|-----------|---|--|------------|-------------|
| Under 10 | 4 x 10 min | 3 minutes | 1 minute | 2 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less | 1 per half | No | Finals only |
| Under 12 | 4 x 10 min | 3 minutes | 1 minute | 2 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less | 2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter | No | Finals only |
| Under 14 | 4 x 10 min | 3 minutes | 1 minute | 2 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less | 2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter | *Yes | Finals only |
| Under 16 | 4 x 10 min | 3 minutes | 1 minute | 2 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less | 2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter | Yes | Finals only |
| Under 18 | 4 x 10 min | 3 minutes | 1 minute | 2 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less | 2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter | Yes | Finals only |
| Senior Women 1 & 2 Senior Men 2 & 3 | 4 x 11 min | 5 minutes | 1 minute | 3 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed | 2 in first half, 2 in second half - maximum 2 in last 2 minutes of 4th quarter | Yes | 3 minutes |
| Senior Men 1 | 4 x 10 min | 5 minutes STRICT | 1 minute | 3 minute | Fully timed - FIBA | 2 in first half, 3 in second half - maximum 2 in last 2 minutes of 4th quarter | Yes | 5 minutes |
| Baptist | 4 x 10 min | 3 minutes | 1 minute | 3 minutes | Timeouts & Last 2 minutes of 4th quarter to be fully timed if margin is 10 points or less | 2 in first half, 3 in second half - maximum 2 in last 2 minutes of 4th quarter | No | Finals only |
| Social | 2 x 20 min | Time permitting | N/A | 1 minute | N/A | 1 per half per team, 30 seconds, clock runs | No | Finals only |

Under 12 – Please refer to bench reference guide or QR code for further information

Under 14 – Shot clock does not start until ball crosses halfway

